



Little Eden Checklist



Prepping for the first day of school can be very exciting! Little Eden will encourage children to wear an apron for art activities and food prepping, but please keep in mind that children still manage to end the school day with paint on their clothes, flour in their hair, and sometimes (hopefully, always) a grubby, smiling face. We make every effort to clean up after ourselves, learn appropriate self-care routines, and change out of wet clothes. But do keep in mind that we are still learning.

Here are suggested items to bring to school. Children are encouraged to take part of this process, so share this list with them, offer them choices, stick name labels on appropriate pieces, and allow them to check off each item.

TO BRING:

- water bottle**
this will be kept at school and sanitized in the dishwasher at least once a week.



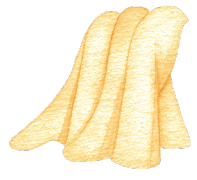
- wet/dry bag or backpack**



- indoor shoes/slippers**
examples include easy on/off moccas, gripper socks. no flipflops.



- nap mat or blanket**
nap cots are provided. if needed, lovies are welcome to stay in cubby or with nap blanket. popular option for nap mat is [Urban Infant](#).



- waterproof outdoor shoes**
examples include easy on/off rainboots, Crocs, Native shoes.



- extra clothing**
SF weather-friendly layers: 1 long and 1 short sleeve shirt, 2 pairs of pants or leggings, 2 pairs of socks, 2 or more pairs of underwear.



- any creams or meds**
we provide EWG approved sunscreen. if sending in your own sunscreen, cream, or medication specific to child, please include linked form: [LIC9221](#)



- well practiced goodbye routine**
a simple routine helps children transition. focus on 3 steps and have child practice and repeat at home. some mornings might be challenging, but we are here to help.

